



# SLEEP MASK SOUND 3D

THE BEST SLEEP MASK FOR 100% BLACKOUT & IMMERSIVE AUDIO

## USER MANUAL



Bluetooth  
Compatible



Padded Wireless  
Speakers



Built-in  
Microphone



Perfect for  
Side Sleepers



Machine  
Washable



10 Hours  
Playtime

# WELCOME TO THE SLEEP ZEN FAMILY!

Here is our guide to help you utilize the Sleep Zen Sleep Mask Sound 3D.

Our mission is to empower you with the tools you need for the most rejuvenating sleep imaginable.



# SPECIFICATIONS

- Bluetooth Version: 5.0 + EDR
- Frequency: 2.402 Ghz-2.480 GHz
- Standby time: up to 120 hours
- Music playing time: up to 10 hours
- Transmission distance: 15 m(45)
- Battery: Li-ion 3.7V/180mAh
- Charging time: 2 hours
- Talking time: up to 12 hours
- Materials: 5% spandex, 75% polyester, 20% polyurethane

## Turning On/Off Sleep Mask Sound 3D



Press and Hold for 3 Seconds

## At a Glance



LED Status Light

Volume Up / Next Track

On / Off / Pair Play / Pause Answer /Siri

Volume Down / Previous Track

# PAIRING SLEEP MASK SOUND 3D

## 1 Turn on Sleep Mask Sound 3D



Press and Hold for 3 Seconds

## 2 Turn on Bluetooth on your device



## 2 Connect to Sleep Mask Sound 3D on devices















LED Status Color	Meaning
Rapidly flashing blue and red	Pending to be Paired
Slowly flashing blue	Connected to a device



When turned on, the Sleep Mask Sound 3D will automatically connect to the last connected device if available. If no previously paired device is detected, it will stay in pairing mode

Control		
Power On/Of	 3s	Press and hold for 3 seconds
Play/Pause Music	 x1	Press once when connected to a device
Volume Up		Press and hold during music playing
Volume Down		Press and hold during music playing
Next Track	 x1	Press once during music playing
Previous Track	 x1	Press once during music playing
Answer/End Phone Call	 x1	Press once when phone ringing
Siri	 x1	Quickly press twice



## PRECAUTIONS

- Do not expose the Sleep Mask Sound 3D to liquid or moisture.
- Do not attempt to tamper with the Sleep Mask Sound 3D by dropping, disassembling or opening it.
- Remove the Bluetooth module before washing the Sleep Mask Sound 3D.
- Keep the Sleep Mask Sound 3D away from fire.
- Do not store the Sleep Mask Sound 3D near acidic or alkaline material.

## WARRANTY

We provide a 6 month warranty with every purchase. This covers any mechanical defects as well as minor rips/tears in the Sleep Zen Sleep Mask Sound 3D mechanical issues due to excessive force used when removing internal electronics to wash your Sleep Zen Sleep Mask Sound 3D will not be covered.

## WASHING GUIDELINES

Once the internal electronics are removed, hand wash or machine wash the Sleep Mask Sound 3D. Place it in a washing bag before running it through a very gentle cycle. Ensure it air dries rather than using a tumble dryer.



# CONTACT US

To contact our customer support team, we can gladly assist you by:



+27 73 027 2438



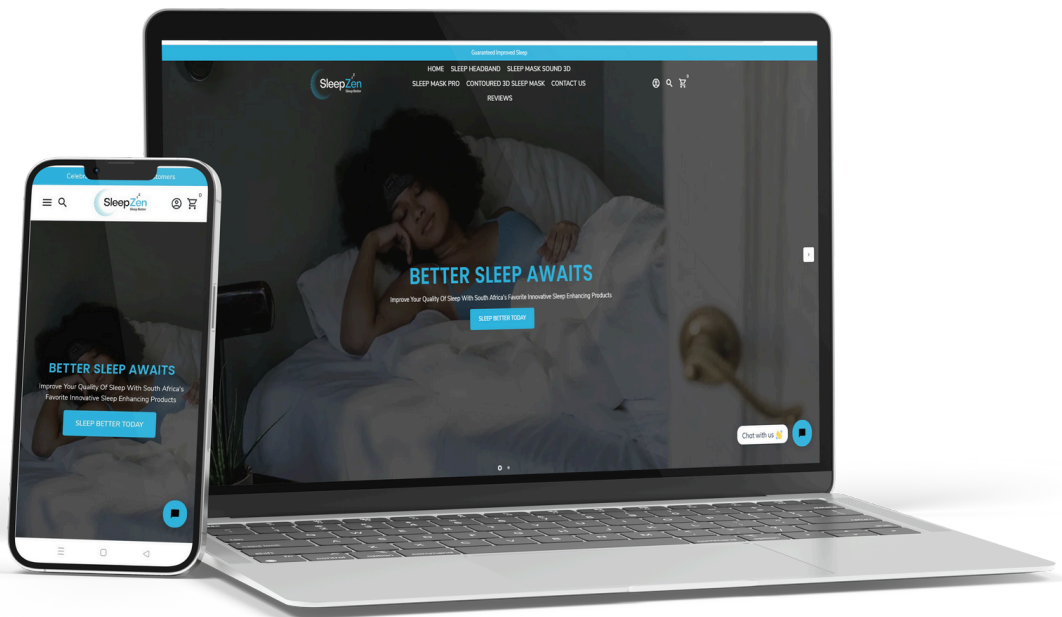
support@sleepzen.co.za

For more information on your Sleep Zen Sleep Mask Sound 3D, please visit the link below:

<https://sleepzen.co.za/pages/faqs>

For information on our Refund Policy, please visit the link below:

<https://sleepzen.co.za/pages/returns-exchanges-refunds>





## THANK YOU!

To our Zen Sleeper,

We want to take this opportunity to personally thank you for your purchase.  
We're here to guide, inspire, and celebrate the pursuit of better sleep.

We invite you to embark on this journey with us - a journey to discover your inner zen  
in every slumber.

Thank you for trusting Sleep Zen, where better sleep awaits.

Sincerely,  
The Sleep Zen Team